

Seasonal Calendar

Your guide to the best of British & seasonal produce

Arthur David
leave it with us

SEASONAL FRUIT

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples (Bramley)	J	F	M	A	M	J	J	A	S	O	N	D
Apples (English)	J	F	M	A	M	J	J	A	S	O	N	D
Apricots	J	F	M	A	M	J	J	A	S	O	N	D
Blackberries	J	F	M	A	M	J	J	A	S	O	N	D
Blackcurrants	J	F	M	A	M	J	J	A	S	O	N	D
Blueberries	J	F	M	A	M	J	J	A	S	O	N	D
Cherries	J	F	M	A	M	J	J	A	S	O	N	D
Cheddar Strawberries	J	F	M	A	M	J	J	A	S	O	N	D
Gooseberries	J	F	M	A	M	J	J	A	S	O	N	D
Greengages	J	F	M	A	M	J	J	A	S	O	N	D
Nectarines	J	F	M	A	M	J	J	A	S	O	N	D
Pears (English)	J	F	M	A	M	J	J	A	S	O	N	D
Peaches	J	F	M	A	M	J	J	A	S	O	N	D
Plums	J	F	M	A	M	J	J	A	S	O	N	D
Quince	J	F	M	A	M	J	J	A	S	O	N	D
Raspberries	J	F	M	A	M	J	J	A	S	O	N	D
Redcurrants	J	F	M	A	M	J	J	A	S	O	N	D
Rhubarb (English)	J	F	M	A	M	J	J	A	S	O	N	D
Rhubarb (Yorkshire Forced)	J	F	M	A	M	J	J	A	S	O	N	D
Victoria Plums	J	F	M	A	M	J	J	A	S	O	N	D

SEASONAL VEGETABLES

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Artichokes, Globe	J	F	M	A	M	J	J	A	S	O	N	D
Artichokes, Jerusalem	J	F	M	A	M	J	J	A	S	O	N	D
Asparagus (English)	J	F	M	A	M	J	J	A	S	O	N	D
Beetroot	J	F	M	A	M	J	J	A	S	O	N	D
Broad Beans	J	F	M	A	M	J	J	A	S	O	N	D
Broccoli	J	F	M	A	M	J	J	A	S	O	N	D
Brussels Sprouts	J	F	M	A	M	J	J	A	S	O	N	D
Carrots, Bunched	J	F	M	A	M	J	J	A	S	O	N	D
Carrots	J	F	M	A	M	J	J	A	S	O	N	D
Cavolo Nero	J	F	M	A	M	J	J	A	S	O	N	D
Cauliflower	J	F	M	A	M	J	J	A	S	O	N	D
Celeriac	J	F	M	A	M	J	J	A	S	O	N	D
Celery	J	F	M	A	M	J	J	A	S	O	N	D
Chantenay Carrots	J	F	M	A	M	J	J	A	S	O	N	D
Chard	J	F	M	A	M	J	J	A	S	O	N	D
Corn on the Cob	J	F	M	A	M	J	J	A	S	O	N	D
Courgettes	J	F	M	A	M	J	J	A	S	O	N	D
Cucumber	J	F	M	A	M	J	J	A	S	O	N	D
Curly Kale	J	F	M	A	M	J	J	A	S	O	N	D
English Salads	J	F	M	A	M	J	J	A	S	O	N	D
Fennel	J	F	M	A	M	J	J	A	S	O	N	D
Kohlrabi	J	F	M	A	M	J	J	A	S	O	N	D
Leeks	J	F	M	A	M	J	J	A	S	O	N	D
Mangetout	J	F	M	A	M	J	J	A	S	O	N	D
Marrow	J	F	M	A	M	J	J	A	S	O	N	D
Morel Mushrooms	J	F	M	A	M	J	J	A	S	O	N	D
Mushrooms, Wild	J	F	M	A	M	J	J	A	S	O	N	D
New Potatoes	J	F	M	A	M	J	J	A	S	O	N	D
Onions	J	F	M	A	M	J	J	A	S	O	N	D
Pak Choi	J	F	M	A	M	J	J	A	S	O	N	D
Parsnips	J	F	M	A	M	J	J	A	S	O	N	D
Peas	J	F	M	A	M	J	J	A	S	O	N	D
Potatoes (Maincrop)	J	F	M	A	M	J	J	A	S	O	N	D
Pumpkins	J	F	M	A	M	J	J	A	S	O	N	D
Purple Sprouting Broccoli	J	F	M	A	M	J	J	A	S	O	N	D
Red Cabbage	J	F	M	A	M	J	J	A	S	O	N	D
Red Kale	J	F	M	A	M	J	J	A	S	O	N	D
Romanesco	J	F	M	A	M	J	J	A	S	O	N	D
Runner Beans	J	F	M	A	M	J	J	A	S	O	N	D
Salsify	J	F	M	A	M	J	J	A	S	O	N	D
Samphire	J	F	M	A	M	J	J	A	S	O	N	D
Savoy Cabbage	J	F	M	A	M	J	J	A	S	O	N	D
Sorrel	J	F	M	A	M	J	J	A	S	O	N	D
Spinach	J	F	M	A	M	J	J	A	S	O	N	D
Spring Green Cabbage	J	F	M	A	M	J	J	A	S	O	N	D
Sprout Tops	J	F	M	A	M	J	J	A	S	O	N	D
Sugar Snap Peas	J	F	M	A	M	J	J	A	S	O	N	D
Swede	J	F	M	A	M	J	J	A	S	O	N	D
Sweetheart Cabbage	J	F	M	A	M	J	J	A	S	O	N	D
Tenderstem Broccoli	J	F	M	A	M	J	J	A	S	O	N	D
Tomatoes	J	F	M	A	M	J	J	A	S	O	N	D
Turnips	J	F	M	A	M	J	J	A	S	O	N	D
Watercress	J	F	M	A	M	J	J	A	S	O	N	D
White Cabbage	J	F	M	A	M	J	J	A	S	O	N	D
Wild Garlic	J	F	M	A	M	J	J	A	S	O	N	D
Winter Squash	J	F	M	A	M	J	J	A	S	O	N	D

Chef's Seasonal Highlights

INSPIRATION FOR EVERY SEASON



SPRING
Fresh & vibrant menus

Asparagus
Wild Garlic
Purple Sprouting
New Potatoes



SUMMER
BBQs & lighter dining

Tomatoes
Courgettes
Peaches
Runner Beans



AUTUMN
Comfort food returns

Wild Mushrooms
Pumpkins
British Apples
Celeriac



WINTER
Slow-cooked classics

Yorkshire Forced Rhubarb
Cavolo Nero
Winter Squash
Leeks



Need some menu inspiration?

Talk chef to chef.

Book a complimentary chef-to-chef session with Steve Shore, our Development Chef.

PLEASE NOTE

Seasonal availability is intended as a guide only and may vary depending on weather, growing conditions and regional supply.

Food with Service

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Order online